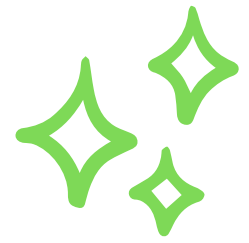




SEND Newsletter



TERM 4 2023

WELCOME

Welcome to the second Special Educational Needs and Disabilities (SEND) newsletter.

It was great to see so many of you at the most recent parent and carer coffee morning on the 7th March. We hope you found it useful exploring some of the strategies we use at school!

If there are any topics you would like to explore at future events, please don't hesitate to contact Miss Mason or Mrs Rowntree.



If you would like to speak to Miss Mason or Mrs Rowntree about any concerns or updates, please send them a message via Class Dojo, phone the school office or email:

sendco@poplarfarmsch-cit.co.uk

KEY DATES

Tuesday 14th March

Occupational Therapy - Sensory Processing Difficulties workshop (online)

CYP_intcommissioning@lincolnshire.gov.uk

Monday 20th March, 7-8.30pm

Online toileting workshop (continence issues)
See: https://www.lincspcf.org.uk/P_Events.php

Monday 24th April, 1-2pm

Online time to talk session
See: https://www.lincspcf.org.uk/P_Events.php

Tuesday 2nd May - Coffee morning, 9-10.30am

Parent and carer workshop at Poplar Farm on working memory, processing and dyslexia delivered by Dyslexia Outreach Team

SCHOOL UPDATE

In school we have been developing our sensory regulation spaces. We have a variety of resources to support children's sensory needs including the sensory room, trampoline and crazy catch.

We are continuing to develop these areas focusing on; activation, organising and calming.

Activating: Provides vestibular (sense of balance) and proprioceptive stimulation. It prepares the brain for learning.

Organising: Activities that require motor (muscle) sensory processing, balance and timing. The child/young person needs to organise their body, plan their approach and do more than one thing at a time in a sequential order (one after the other).

Calming: The calming activities are very important as they provide input to ensure that your child/young person leaves the circuit and engages in their activities calm, centred and ready for the day ahead.



COMIC STRIPS TO SUPPORT EMOTIONAL WELLBEING

A comic strip is a drawing that you create with the young person about a social situation or conversation they have experienced. You can draw alongside the young person to explore where the social situation happened, who was there and what happened from the young person's perspective.

Tips:

When introducing comic strips, use a social situation or conversation that went well, to get used to talking and drawing them out. It is very important that the young person does not associate comic strips as only being used to unpick situations that the young person feels have 'gone wrong'.



- Do not use a comic strip when the young person is upset. Find a time when you are both calm.
- Draw who was involved, what was happening and use the talking bubbles to record what was said. Use the thought bubbles to identify how the young person was feeling during the interaction.
- Be prepared that they might not always know! You may also have to support the young person's understanding of the thoughts and feelings of the other people in the situation.
- Once you have 'unpicked' the situation or explained the misunderstanding, then you can consider possible solutions or alternative ways of managing the situation with the young person.
- Remember to focus on all the things that the young person does right and not just the bits that did not go according to plan!

LOCAL OFFER

The Local Offer brings together information for children and young people with special educational needs and disabilities and their families.

It includes advice about health, education and social care for:

- Children and young people from birth to 25 years old with SEND
- Parents and carers of children with SEND
- Providers of services for children and young people

<https://www.lincolnshire.gov.uk/send-local-offer>

POPLAR FARM SEND PADLET

Double click the link on the left or scan the QR code to access our new SEND padlet! On the padlet you will be able to download policies, key documents, information and resources for areas of needs including:

- Communication and interaction
- Social and Emotional Health
- Sensory processing
- Speech and language therapy



We will continue to update the padlet regularly.

If there is anything you would like to see on the padlet, please contact Miss Mason or Mrs Rowntree

[HTTPS://PADLET.COM/BRYONYMASON/NS1PHYKYO4N50ITM](https://padlet.com/bryonymason/ns1phykyo4n50itm)

WORKING TOGETHER TEAM

Latest courses for parents and carers from the Working Together Team. All courses are delivered on teams and cost £10. This is refunded if you attend! You must book 48hrs in advance.

Autism and Emotions - Thursday 30th March 1.15pm-3.15pm

<https://www.eventbrite.co.uk/e/autism-and-emotions-tickets-514164228047>