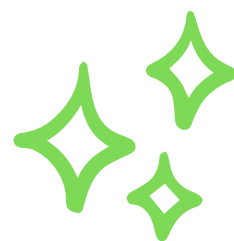




SEND



Newsletter

TERM 3 2023

WELCOME

Welcome to the first Special Educational Needs and Disabilities (SEND) newsletter.

The purpose of this newsletter is to keep in touch with the families of our young people with SEND, to keep you informed of updates and to share information for further support.

We hope you will find the newsletter useful and we would be interested to hear ways for the school and families to work together going forwards.

KEY DATES

Wednesday 1st February 9-10am SEND surgery

Drop in for parents to meet the SENDCO, please contact Miss Mason to book a slot)

Tuesday 7th March 9am - SEND coffee morning

Focus: Demand avoidance and emotional regulation

21st March - 27th March

Neurodiversity Celebration week

27th March - 2nd April

World Autism Acceptance week

MEET THE TEAM



Miss Mason
SENDCO



Mrs Rowntree
SENDCO assistant

If you would like to speak to Miss Mason or Mrs Rowntree about any concerns or updates, please send them a message via Class Dojo, phone the school office or email sendco@poplarfarmsch-cit.co.uk

LOCAL OFFER

<https://www.lincolnshire.gov.uk/send-local-offer>

The Local Offer is brings together information for children and young people with special educational needs and disabilities and their families.

It includes advice about health, education and social care for:

- Children and young people from birth to 25 years old with SEND
- Parents and carers of children with SEND
- Providers of services for children and young people

SUPPORTING EMOTIONAL AWARENESS

The 5-point scale is a cognitive behavioural method of teaching that attempts to teach children how to recognise their own internal emotional states and then to practice successful responses to those emotions. It can be used to help teach a young person how to identify and label different levels of stress and anxiety.

The scale visually breaks down a person's responses to stress by labelling each level with what the behaviour looks like, what the level feels like, and what stress reduction exercise or routines can be used to reduce the stress level.

We use this scale with many pupils in school. They work with an adult to create their own and use it to help identify their 'level' of emotion and carry out self-regulation strategies to move them back down the scale. Blank copies and more information can be found on our NEW SEND padlet (see below)

| Rating | Looks Like | Feels Like | I can try |
|--------|------------|------------|-----------|
| 5 | | | |
| 4 | | | |
| 3 | | | |
| 2 | | | |
| 1 | | | |

The screenshot shows a Padlet interface with the title 'Poplar Farm SEND'. It features several tiles: 'Meet the SEND team' with a photo of Miss Mason (SENDCo); 'Key documents and policies' containing a 'SEND Report 2022-23' PDF and a 'SEND Code of Practise (2015)'; 'Communication and interaction' with a PDF titled 'Working together with your child's school'; and a 'Happy book' tile.

[HTTPS://PADLET.COM/BRYONYMASON/NS1PHYKYO4N50ITM](https://padlet.com/bryonymason/ns1phykyo4n50itm)

POPLAR FARM SEND PADLET

Double click the link on the left or scan the QR code to access our new SEND padlet! On the padlet you will be able to download policies, key documents, information and resources for areas of needs including:

- Communication and interaction
- Social and Emotional Health
- Sensory processing
- Speech and language therapy

We will continue to update the padlet regularly.

If there is anything you would like to see on the padlet, please contact Miss Mason or Mrs Rowntree



WORKING TOGETHER TEAM

Latest courses for parents and carers from the Working Together Team. All courses are delivered on teams and cost £10. This is refunded if you attend! You must book 48hrs in advance.

Supporting Transitions for autistic pupils - Thursday 19th January 10am-12pm

<https://www.eventbrite.co.uk/e/484385067777>

Supporting a profile of Profile Demand Avoidance - Tuesday 24th January 9.30am-12pm

<https://www.eventbrite.co.uk/e/484395930267>

Making Sense of Autism - Thursday 26th January 9.15am-10.45am

<https://www.eventbrite.co.uk/e/484401797817>