



SEND Newsletter

FEBRUARY 2024

WELCOME

We'd like to introduce ourselves as the SEND team:

Miss Mason – SENDCo (Special Educational Needs and Disabilities Coordinator)

Mrs Rowntree and Mrs Wright – Learning mentors



We have two drop in coffee mornings coming up after half term. If you have any concerns or anything you would like to discuss with Miss Mason, please do get in touch with her to book in on one of these.

KEY DATES

Tuesday 27th and Wednesday 28th February – Parents evening

Tuesday 5th March – 'Drop in' coffee morning with Miss Mason and Mrs Rowntree

Monday 18th March – Neurodiversity celebration week

Tuesday 26th March – 'Drop in' coffee morning with Miss Mason and Mrs Rowntree

OUR RECOMMENDED LISTEN: SENsational podcast

Click the links of the icons below to take you to the podcast:



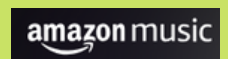
SENsational The Special Educational Needs Podcast

Sensory Support for Primary School Pupils

• Tuesday, February 6, 2024

On this SENsational episode, we are joined by Maggie Morton and Laura Oliver, Occupational Therapists for Witherslack Group as they discuss children's most common sensory-seeking behaviours and the best ways to support them. They also explore sensory regulation, sensory overload and the best strategies and activities that can be integrated into the daily lives of our children to help them build essential life skills.

We hope you enjoyed this episode of SENsational.



SENsational The Special Educational Needs Podcast

What is An EHCP?

• Thursday, January 11, 2024

Ever wondered if your young person might need an EHCP? Simone Mattinson, Partnerships Manager for our Group, shares her first-hand experience from a parent and professional perspective. From exploring how to navigate the EHCP process to details of a draft EHCP, plus many more interesting insights worth knowing.

For more details on the EHCP process, download our free 'A Guide To The Education, Health and Care Plan' Support Pack: <https://www.witherslackgroup.co.uk/resources/education-health-and-care-plan-ehcp-support-pack/>

RECOMMENDED ONLINE COURSES

Supporting Autism and sensory integration (1pm - 3pm) by the Working Together Team

[Click here to book](#)

Autism and masking (9.15am - 11.15am) by the Working Together Team

[Click here to book](#)

Making sense of Autism for parents and carers (1.30pm - 3pm) by the Working Together Team

[Click here to book](#)

For more free courses, click on the logo below for the Working Together Team calendar



FREE EVENT: RUTLAND NURSERY SATURDAY 2ND MARCH @ 2PM



Event: 'How to Best Support your Child's Mental Health and Wellbeing' through emotional validation, connection and identity.'

Why is it important to talk about mental health with our children and how do we encourage positive wellbeing in our day to day parenting? This event will focus on emotional literacy - practical ways to encourage our children from a young age to understand and express their emotions and how to model this as parents.

Click the link [here](#) to find out more information

POPLAR FARM PADLET

TO ACCESS THE SCHOOL'S PADLET
[CLICK HERE](#)



WITHERSLACK GROUP - RECOMMENDED SUPPORT SITE



SEN Support, Advice, and Resources

A library of free SEN support, advice, & resources created by SEN professionals for parents & carers of children & young people with special educational needs.

[w](#) Witherslack Group

Closely collaborating with SEN professionals who kindly share their experience and expertise to their knowledge hub, The Witherslack Group have built an extensive library of SEN resources offering advice and support in the following areas: ADHD, Autism, Education, Health and Care Plans (EHP), Mental Health, Speech, Language and Communication.

Some helpful articles:

- Strategies to support healthy sleep routines
- SEN support: questions to ask the experts
- Hypersensitivity handling noise and crowds
- ADHD & Autism: Eating problems
- Regulating behaviour